

# Montclair High School

## Course Syllabus

**Department: Physical Education**

**Course: Health**

**Level: 12<sup>th</sup> Grade**

**Credits: 1.25**

### **Course Description:**

Twelfth grade Family Life is a one marking period course required for all seniors. The students will develop an understanding that throughout an individual's life a continuing relationship exists between one's personal behavior, health and wellbeing. Through independent projects, the students will investigate the impact of health choices and behaviors on personal, family and community wellness. The students will plan for their future by writing a budget, selecting a college or vocation and investigate living independently. The students will develop an understanding of the characteristics of a good relationship with a spouse or a lifetime partner and discuss factors to consider when contemplating a lifetime commitment. The curriculum will be comprehensive and include topics such as:

- the legal issues surrounding marriage and civil unions in New Jersey, knowledge
- on sexual assault and the law in New Jersey, human sexuality starting with the
- reproductive systems, pregnancy, childbirth, child development and child care.
- The students will also become aware of the legal right and responsibilities of teen
- mothers and fathers. In addition, alcohol/drug use and dependency, its' effects on
- the human body, the family structure and society in general will be analyzed.

### **Standards:**

**2.4.12. B.2, 2.4 12.A.1**

**2.4.12.B.1**

### **Supplementary Materials:**

Notebook

Pen/Pencils

### **Proficiencies:**

Students will participate in a variety of different classroom activities that will engage them in thoughtful discussions, partner discussions and projects, small group assignments and individual reflections in an attempt to ensure knowledge in the different topic areas. The students will be required to keep portfolio of all assigned projects. Portfolios will also include journal writings, project reflections and budget activity. Students will be required to participate in all classroom activities, independent research and complete activity reflection sheet.

### **Evaluation & Assessment:**

Final Project:	30%
Tests/Quizzes:	20%
Essays/Research Assignments:	20%
Homework:	10%
Classwork:	20%